



Psychology Private Australia Inc.

The Association of Private Practising Psychologists Northern Territory (APPPNT) invites you to join us at 7pm after our Annual General Meeting (AGM on Friday 30th of November 2018 at 5:50pm) at Charles Darwin University (CDU) Casuarina Campus Blue zone, building 5, theatre 1.01.

At 7pm Psychologist Margaret Lambert will deliver a free presentation on

Emotional Freedom Techniques (EFT) - Tapping

Is it weird? Does it work?

A study on using tapping in schools.

Learn about current research on using Emotional Freedom Techniques (EFT) or Tapping in schools.



Margaret Lambert is a PhD Researcher at CDU



The interest in tapping in schools has arisen from the identification of the need for children to learn strategies for self-managing emotional states.

Margaret's research queries: Is EFT is a useful technique, as a whole-class activity, for enhancing the well-being of students, their academic focus and modifying behaviour?

Find out how tapping is already being used in schools.



Margaret Lambert is a registered psychologist in private practice in Darwin, a PhD candidate at Charles Darwin University and the author of two books in the areas of health and well-being and meditation.

Margaret's experience in using Energy Psychology techniques such as EFT in clinical settings and as a former educator in schools and tertiary institutions have led to her current research interests and activities.



The talk will begin at 7pm on Friday the 30th November at CDU Casuarina Campus, College of Health & Human Sciences, Blue zone, building 5, theatre 1.01.

Finger food and light refreshments will be provided.

Please RSVP to the APPPNT

via admin@goodluckconsultancies.com.au or 08 89810064 and leave your name and contact details.