

### **Contact Details**

445 Trower Rd  
Brinkin NT 0810  
Ph: 0414459585  
[marg@margaretlambert.com](mailto:marg@margaretlambert.com)  
<http://margaretlambert.com>

### **Current Position**

Registered Psychologist in Private Practice (2006–current), *Connect Counselling Services*

### **Qualifications**

- 2017- PhD candidate  
Charles Darwin University
- 2006 Bachelor of Behavioural Science (Honours, 2A)  
Charles Darwin University, NT  
Honours Thesis: *Motives and expectancies of student alcohol use*
- 2003 Graduate Diploma in Psychology  
Charles Sturt University, NSW
- 1990 Graduate Diploma in Arts (Library & Information Science)  
Charles Sturt University, NSW
- 1982 Bachelor of Education  
Darwin Community College, NT.  
Major Study: Anthropology  
Dissertation – Ethnography: *School and change in an Aboriginal community*
- 1976 Diploma in Teaching  
Armidale College of Advanced Education  
Major Study: Mathematics

### **Professional Experience**

- 2006-current Psychologist  
Connect Counselling Services, Darwin  
- Clinical Supervisor for professionals from various organisations including private practice/ministry/students
- 2006-2017 Consultant Psychologist and Trainer, SIDS and Kids, Darwin

- 2010-2013     Consultant Psychologist, Holy Spirit School, Darwin
- 2006            Psychologist, (.6 position plus on-call role)  
Sexual Assault Referral Centre, Darwin
- 2004-2005     Counsellor  
Connect Counselling Services, Darwin
- 2002-2005     Counsellor/Educator (part-time position plus on-call role)  
SIDS and Kids, Darwin
- 1997-2002     Faculty Head: Information Centre  
Kormilda College, Darwin
- 1996            Specialist Teacher ESL (English as Second Language)  
Kormilda College, Darwin
- 1995            Lecturer, Library Studies  
Northern Territory University, Darwin
- 1989-1994     College Librarian  
Batchelor College, Batchelor, NT
- 1993            Acting Senior Lecturer, Educational Media Unit  
(whilst College Librarian)  
Batchelor College, Batchelor, NT
- 1988            Lecturer, Teacher Education  
Batchelor College, Batchelor, NT
- 1987            Lecturer  
School of Australian Linguistics, Batchelor, NT
- 1977-1986     Teacher / Teacher-Librarian  
NT schools: Djembere (Jilkminggan), Adelaide River, Bamyili (Barunga) and  
Oenpelli (Gunbalanya)

**Course/Seminar/Conference Presentations - Psychology (2004–2017)**

- 2018            Darwin Diocese. Finding Meaning in Suffering. Talk to youth.
- 2017-            PhD Presentations
- 2017            Connect Counselling Services. *Stress Management and Energy Psychology (EFT)*.  
2 day workshops, Darwin
- 2017            Sids & Kids NT. *Grief and Loss*. Community seminars, Darwin
- 2006-current   Sids & Kids NT. *Bereavement Training*. 2 day course, Darwin & Alice Springs

- 2004-current Connect Counselling Services. *Emotional Freedom Techniques (EFT)*, 2 day workshops, Darwin, Alice Springs, Geelong, Vic.
- 2016 Liquid Learning. *Women in Leadership Summit 2016*. Expert Speaker: Developing resilience for effective leadership, Darwin
- 2016 MindBodySpirit Festival. Speaker: The Healing Edge: Looking beyond the symptoms, Brisbane
- 2016 Health Network of the Northern Territory (NT PHN). *Stress Management Techniques*. 2 day workshop, Darwin
- 2016 NAIDOC Week Seminar, Guest Speaker: *Empowering Indigenous Youth, Developing Resilience in Youth*, Darwin
- 2015 Sids & Kids NT. *Grief and Loss*, Community seminar, Darwin
- 2015 MindBodySpirit Festival. Speaker: The Healing Edge: Looking beyond the symptoms, Brisbane
- 2015 Liquid Learning. *Women in Leadership Summit 2015*. Master of Ceremonies and Expert Speaker: Developing resilience for effective leadership, Darwin
- 2015 Connect Counselling Services, *Back2Basics for Health*. Community seminar, Darwin
- 2015 Women in the Northern Territory Network (WNNT). Guest Speaker: *Back2Basics for Health*, Darwin, NT
- 2014 MindBodySpirit Festivals. Speaker: Living with Struggle; The importance of your story for healing, Sydney and Brisbane
- 2014 Royal Darwin Hospital, Palliative Care Unit. *Bereavement Training Course*, Darwin
- 2014 Autism NT. Guest Speaker: *Emotional Freedom Techniques (EFT)*, Darwin
- 2013 NT Department of Health. *Grief and Loss Workshop*, Palmerston
- 2011 St Vincent de Paul Society (NT) Inc. *Leadership*. 1 day workshop, The Heart of Leadership: Leading through change, Darwin
- 2010 Holy Spirit School. *Bullying*, 6 week program for bullies. Darwin
- 2007-2009 Salvation Army. *Parenting*, 10 week courses (continuous), Darwin
- 2008 Isolated Children's Parents' Association (ICPA). *Annual Conference*. Key Speaker: Developing Resilience in Children, Alice Springs
- 2006-2007 Kormilda College. *Stress Management*. Workshops for teaching staff and house parents, Darwin

- 2003–2006 Crisis Line NT. *Grief and Loss*. Training workshops for Volunteer Telephone Counsellors, Darwin
- 2002–2006 Charles Darwin University; St John Ambulance; NT Police Fire & Emergency Services; Royal Darwin Hospital; Darwin Private Hospital. *Grief and Loss*. Training sessions for students & graduates, paramedics, recruits and nurses, Darwin
- 2002-2005 Sids and Kids NT. *Parent Supporting*. Weekend training courses for volunteer parent supporters for families suffering the death of a child, Darwin
- 2005 Australian Midwives Association. *Annual Conference*. Speaker: Sudden Infant Death in Indigenous Communities, Perth
- 2004 SIDS International. *Annual Conference*. Speaker: Sudden Infant Death in Indigenous Communities, Edmonton, Canada

### **Publications and related talks/interviews (2013-2017)**

- 2004-current Author: numerous blogs on holistic health, healing and social issues. Posted at <http://margaretlambert.com/blog>
- 2015-2017 Author: Fortnightly column on health and wellbeing in *South West Voice* (Liverpool/Macarthur region) online newspaper, Sydney,
- 2016 Author: *Longing to Live Mindfully: Little words that make a difference*. Book publication, ISBN 9780987232205
- 2013–2016 Author talks in Darwin, Brisbane, Ballina, NSW, Murwillumbah, NSW, Byron Bay, NSW, Lennox Head, NSW
- 2015 Contributing author: *Walking Your Life*, Edited by Kizzi Nkwocha. Chapter title: Beyond the Depths
- 2014 Book award speaker, London Book Festival. British Library, London
- 2013-2014 Radio interviews on chronic fatigue syndrome and fibromyalgia ABC and Territory FM
- 2013 Author: *Longing to Live: Journey with Chronic Fatigue Syndrome and Fibromyalgia*. ISBN 9781742843001. Honourable Mention, London Book Festival

### **Positions and Professional Memberships (2006 – 2017)**

- 2006-current AHPRA, Registered Psychologist. #959957
- 2012-current Arafura Mental Health Professionals Network. Founding member
- 2007-current Australian Counselling Association (ACA). Professional Member, Level 4 #4455

2012-current ACA College of Supervisors, Level 4 member  
2012-current ACA College of Grief and Loss, Level 4 member  
2017 Association of Private Practising Psychologists, NT (APPP). Member  
2017, 2010 Association for Comprehensive Energy Psychology. International member #1  
2013-2014 International Positive Psychology Association (IPPA). Member  
2008-2011 St Vincent de Paul Society (NT) Inc., President  
2006-2007 Crisis Line NT, Vice President